## **CORONAVIRUS CASES ARE RISING**

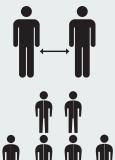
## **FOLLOW PUBLIC HEALTH ADVICE WHEREVER YOU GO**



Wash your hands regularly



Wear a face covering in indoor public spaces, unless you're exempt



Keep 2 metres apart from people you don't live with

Don't socialise in groups of more than 6



Take extra care if you need to visit vulnerable people



Only socialise indoors with people you live with or those in your bubble



Work from home if you can



Travel less



You can socialise outdoors with people who are not in your bubble or household in groups of up to 6

## **GOT SYMPTOMS? STAY AT HOME AND GET TESTED**

Request a test online at

brent.gov.uk/coronavirus







**OR CALL 119**