



## **MAKE A DIFFERENCE.....HAVE YOUR VOICE HEARD!**

The BRACES Project is funded by the Neighbourhood Community Infrastructure Levy.

The project will address the inequalities and concerns experienced by Brent people with long-term health conditions and disabilities, increased by Covid 19. This includes people with learning disabilities, other disabilities, those with post-Covid health problems and those who shielded and who do not consider themselves to be disabled.

BRACES will record and share lived experiences and ideas, provide individual and group support and advocacy, wellbeing activities and increase digital skills and confidence. If you are an individual, a community leader or work for a small voluntary sector organisation and would like to share issues information please contact the ***BRACES Manager, Sharon O'Regan:***

**[bracesmanager@brentmencap.org.uk](mailto:bracesmanager@brentmencap.org.uk)**



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